RELEASE AND WAIVER

HIKING / SNOWSHOE /

CROSS-COUNTRY SKIING

DATE_____ LEADER_____

HIKE / SNOWSHOE / CROSS-COUNTRY SKIING_____

NAME AND LOCATION_____

RELEASE AND WAIVER - ALL PARTICIPANTS MUST SIGN

As a member or participant in the McHenry County Bicycle Club, I hereby waive, release, and discharge any and all claims for damages, at law or equity, including, but not limited to, claims for death, personal injury or property damage which I may have, or which may have hereafter accrued to me, as a direct or indirect result of my participation in the McHenry County Bicycle Club and its events. This Release is intended to discharge, in advance, McHenry County Bicycle Club, Inc., its successors and assigns, the promoters, the sponsors, the officials and any involved municipalities or other public entities (and their respective agents, officers, directors, employees, members, successors and assigns) from and against any liabilities arising out of or connected in any way with my participation in any and all McHenry County Bicycle Club activities and events, even though that liability may arise out of negligence or carelessness on the part of the persons or entities mentioned above.

I further understand that serious accidents occasionally occur during hiking/snowshoe/cross-country skiing events and that participants in hiking/snowshoe/cross-country skiing events occasionally sustain mortal or serious personal injuries and /or property damage as a consequence thereof. Knowing the risks of participating in hiking/snowshoe/cross-country skiing events, I hereby agree to assume those risks and to release, indemnify and hold harmless all of the persons or entities mentioned above who might otherwise be liable to me for damages. It is further understood and agreed that this waiver, release and assumption of risk is binding on my heirs and assigns.