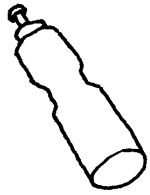


GOING OUT ON THE BIKE

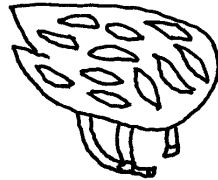
CHECKLIST OF THINGS YOU MIGHT NEED



BOTTLE



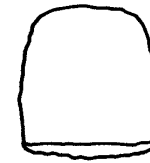
NAVIGATIONAL
DEVICE



HELMET



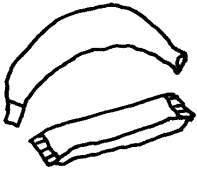
GLASSES



HAT



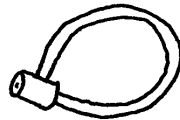
EXTRA LAYER:
WATERPROOF,
GILET, ETC



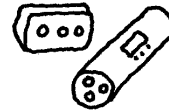
SOMETHING
TO EAT



HOUSE
KEY



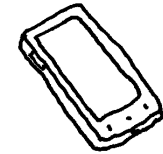
LOCK



LIGHTS



SPARE
INNER TUBE



PHONE FOR
EMERGENCIES



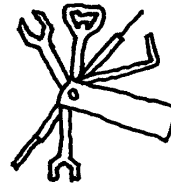
CAFE MONEY



MITTS



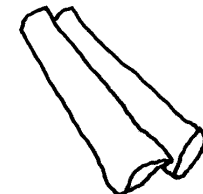
PUMP



MULTI-TOOL



OVERSHOES
(IF WET/COLD)



ARM
WARMERS