

## Sizing Charts

These sizing charts are to be used ONLY AS GUIDELINES to help you find the right size. (Because every person has unique proportions and fit preferences, these charts may not guarantee a perfect fit.) If you are new to cycling, be aware that cycling apparel is intended to fit tighter than most other athletic clothing.

### Men's Sizing

|           | <b>Waist</b> | <b>Weight</b> | <b>Height</b>  | <b>Chest</b> |
|-----------|--------------|---------------|----------------|--------------|
| X Small   | 26-29        | 100-120       | 5'5" and under | 33-35        |
| Small     | 29-31        | 120-145       | 5'4" to 5' 8"  | 35-37        |
| Medium    | 32-34        | 145-170       | 5'7" to 5'11"  | 38-40        |
| Large     | 35-37        | 170-190       | 5'10" to 6'2"  | 40-42        |
| X Large   | 38-41        | 190-220       | 6'1" to 6'5"   | 42-44        |
| XX Large  | 42-45        | 220-250       | 6'3" and up    | 44-46        |
| XXX Large | 46-50        | 250-260       | 6'3" and up    | 46-48        |

### Women's Sizing

|          | <b>Size</b> | <b>Waist</b> | <b>Hips</b> | <b>Height</b>  | <b>Chest</b> |
|----------|-------------|--------------|-------------|----------------|--------------|
| X Small  | 0-2         | 22-24        | 31-33       | 5'2" and under | 30-32        |
| Small    | 4-6         | 25-27        | 34-35       | 5'1" to 5' 5"  | 32-34        |
| Medium   | 8-10        | 27-29        | 36-38       | 5'4" to 5'8"   | 34-36        |
| Large    | 12-14       | 30-32        | 39-41       | 5'7" to 5'11"  | 36-38        |
| X Large  | 16-18       | 33-35        | 42-44       | 5'10" and up   | 39-41        |
| XX Large | 20-22       | 36-38        | 45-47       | 5'10" and up   | 41-43        |